

My HEART Goes (La Di Da)

COPPER KNOB
STEPSHEDS

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Val Saari (CAN) - August 2021

Music: My Heart Goes (La Di Da) - Becky Hill & Topic



Intro 16 counts. Begin on the word "I"

TOE-STRUTS FORWARD RLRL

- 1-2 Touch RF toes forward, Drop heel
- 3-4 Touch LF toes forward, Drop heel
- 5-6 Touch RF toes forward, Drop heel
- 7-8 Touch LF toes forward, Drop heel

POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,

- 1-2 RF point to right side, RF step back behind L
- 3-4 LF point to left side, LF step back behind R
- 5-6 Point RF toes to right side, 1/4 turn right step RF together
- 7-8 Point LF to L side, Step LF beside R

MODIFIED SCISSORS (RL)

- 1-4 RF Large Step R, Step LF together, Touch RF toes across L, Step RF heel down
- 5-8 LF Large Step L, Step RF together, Touch LF toes across R, Step LF heel down

DOUBLE ROCKING CHAIR

- 1-2 Rock RF forward, Recover Left
- 3-4 Rock RF back, Recover Left
- 5-6 Rock RF forward, Recover Left
- 7-8 Rock RF back, Recover Left

No tags, no restarts

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